**Congress Registration:**

**PHYSICIANS** ............................................. $175.00

**ISCVDP Members & Previous Attendees** .......... $100.00

**Limited to 100, Prior to Sept. 1, 2019**

**MEDICAL STUDENTS and NURSES** first 50 registrants——-Free

**Public Invited for SUNDAY MORNING session.** Space is limited, must pre-register.

Only confirmed attendees will be allowed in.

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**Facility:______________________________________________**

**State:___________________________  Zip:_________________**

**E-mail:_______________________________________________**

**For additional information, please call**

**941 366 9800**

**20th Annual Congress on Early Cardiovascular Disease Prevention**

**PO Box 433, Sarasota, FL 34230.**

**20th Congress on Early Cardiovascular Disease Prevention, 2019**

**At ISCVDP.org**

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**Educational Objectives:**

The course is designed to present for participants:

- Review of Novel Approaches for Early Cardiovascular Disease Prevention and Optimal Diagnosis and Management of Primary and Secondary Cardiovascular Disease prevention in order to arrest or delay Cardiogenic Shock
- Update on Hypertension and Cardiogenic Syndrome
- Update on Novel Approach for treatment of Dyslipidemia, PCSK9 inhibitors
- Update on Novel Approach for Risk Stratification and Screening
- Update on the use of Imaging Modalities for the Diagnosis and Management of CV Disease
- Update on Diabetic Heart Disease and Heart Failure
- 30 Renowned Professors of Cardiology will be the host Faculty for this Congress to discuss incorporation of these new developments into clinical practice. In addition to lectures, there will be case presentations to encourage discussion and audience participation.

**The final take-home message from this Symposium is:**

- **Focus on Early Cardiovascular Disease Prevention.**
- **Time to good to your heart:**
  - **Early detection for Optimal Prevention.**

**Topics:**

- Novel Approach for Cardiovascular Disease Assessment & Prevention
- Management of CVD in Women
- New Guidelines in Hypertension and Dyslipidemia, PCSK9 Inhibitors
- Cancer and Cancer Management of Dyslipidemia and Atherosclerosis
- Women’s Heart Disease
- Update on the current management of Deep Vein Thrombosis
- Stroke Prevention in NFW
- Update on New Guidelines of Treatment of Disease, Hypertension and Heart Failure
- Stroke Detection and Heart Disease
- Update on Cardiovascular Imaging
- Dietary Management
- Cardio Oncology

**Meeting Description:**

The CME activity is designed for the cardiologist, internist, pharmacists primary care physicians, emergency room physicians, nurses, respiratory therapists and other health care providers who manage patients with cardiovascular disease.

**Accreditation:**

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education through the joint providership of the ISCVDP and Florida Medical Association (FMA). The FMA is accredited by the Accreditation Council for Continuing Medical Education to provide continuing medical education for physicians.

**Location:**

**Hyatt Regency Sarasota, Florida 34236**

**Phone:**(941) 953-1234

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**International Faculty**

**20th Annual Congress on Early Cardiovascular Disease Prevention**

**At ISCVDP.org**

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**Hyatt Regency, Sarasota, FL**

**Jointly Provided by:**

- **The International Society for Cardiovascular Disease Prevention (ISCVDP)**
- **The Cardiovascular Health Assessment Foundation**
- **The Florida Medical Association**
- **Celebrating 45 Years of Preventing and Treating Cardiovascular Disease in Sarasota Florida**

In Cooperation With:

- **University of Minnesota, Center for Cardiovascular Disease Prevention, Sarasota Memorial Healthcare System, Association of Black Cardiologists (ABC) and Members of the American College of Cardiology, Florida Chapter.**

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**Accreditation Program**

**Sarasota Cardiovascular Health Assessment Center**

**At Cardiovascular Center of Sarasota**

**1590 Arlington Street Suite 300**

**Sarasota, FL 34239 • Phone (941) 366-9800**

**www.cardiologycenter.net**

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**For more details and registration visit www.ISCVDP.org**

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**Hyatt Regency Hotel**

**The Cardiovascular Health Assessment Center at Cardiovascular Center of Sarasota**

**1590 Arlington Street Suite 300**

**Sarasota, FL 34239 • Phone (941) 366-9800**

**www.cardiologycenter.net**

**ADMIRAL TRAVEL at 888 722 3401 or 941 951 1801**

**20th Annual Congress on Early Cardiovascular Disease Prevention, Update 2020**

**CME Accredited Program**

**Hosted by 20 of the Most Renowned Professors of Cardiology, Nationally and Internationally**
## SESSION ONE

### Advances in the Past 12 Months in Cardiovascular Disease Prevention

**Chairpersons:** M. El Shahawy, A. DeMaria, T. Kelly, and N. Wenger

<table>
<thead>
<tr>
<th>Time</th>
<th>Session Title</th>
<th>Presenter(s)</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:00 AM</td>
<td>Heart Disease in Women: Understanding the Journey</td>
<td>N. Wenger, MD</td>
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<tr>
<td>8:20 AM</td>
<td>New Cardiovascular Therapies in Diabetes</td>
<td>M. Budoff, MD</td>
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<tr>
<td>8:40 AM</td>
<td>Management of the Silent Killer: Familial Hypercholesterolemia</td>
<td>S. Kopycey, MD</td>
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<tr>
<td>9:00 AM</td>
<td>Current Diagnosis and Management of Dyslipidemia</td>
<td>M. El Shahawy, MD</td>
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<tr>
<td>9:20 AM</td>
<td>Evolving Concepts in Hypertension, Implications of Three Guideline Recommendations in Three Years</td>
<td>C. Pepine, MD</td>
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<tr>
<td>9:40 AM</td>
<td>Risk Assessment Tools for Primary Cardiovascular Deterioration</td>
<td>L. Sperling, MD</td>
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<tr>
<td>10:00 AM</td>
<td>Coffee Break</td>
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<tr>
<td>10:20 AM</td>
<td>Update of Oral Anticoagulants</td>
<td>D. Perlman, MD</td>
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<tr>
<td>10:40 AM</td>
<td>Cardiac Surgery Update 2020: TAVR and Mitral Clips</td>
<td>J. Sell, MD</td>
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<tr>
<td>11:00 AM</td>
<td>Panel Discussion: Moderators: Drs. J. Kelly, K. Ferdinan</td>
<td>A. DeMaria and Z. Fras</td>
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<tr>
<td>11:20 AM</td>
<td>Optional Dinner Symposis, TBA</td>
<td>All Faculty</td>
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### Optional Breakfast Symposia, TBA

**Chairpersons:** Drs. J. Cohn, A. DeMaria

<table>
<thead>
<tr>
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<tbody>
<tr>
<td>7:00 AM</td>
<td>Registration</td>
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<tr>
<td>7:30 AM</td>
<td>WELCOME: Program Director:</td>
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<tr>
<td></td>
<td>M. D. El Shahawy, MS, FESC, FACC, FASPC, FACC</td>
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<td></td>
<td>Gregory Carter: Past Chairperson Sarasota County Public Hospital</td>
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<td>David Venetis: President and CEO, SAHD Healthcare System</td>
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<td></td>
<td>Co-Chairs: Professors J. Cohn, A. DeMaria, and N. Wenger</td>
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<td></td>
<td>&quot;Slowly: Cardiovascular Disease Progression: A 21st Century Approach to Prevention</td>
<td>J. Cohn, MD</td>
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<tr>
<td>8:20 AM</td>
<td>Diabetes and Cardiovascular Risk Reduction: J. Ferdinand, MD</td>
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<tr>
<td>8:40 AM</td>
<td>A Community Model for Reducing Morbidity/Infection: The San Diego Model</td>
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<tr>
<td>9:00 AM</td>
<td>Transforming Cardiac Rehabilitation: 2020</td>
<td>N. Wenger, MD</td>
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<tr>
<td>9:20 AM</td>
<td>ECG Pearls</td>
<td>A. Epstein, MD</td>
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<tr>
<td>9:40 AM</td>
<td>Coffee Break</td>
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<tr>
<td>10:00 AM</td>
<td>Stroke Prevention and Noncardiac A Fib</td>
<td>D. Perlman, MD</td>
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<td>10:30 AM</td>
<td>Cardiac CT in 2020</td>
<td>M. Budoff, MD</td>
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<td>10:50 AM</td>
<td>Cardiac Renal Syndrome</td>
<td>M. Pohl, MD</td>
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<tr>
<td>11:10 AM</td>
<td>Current Diagnosis and Management of Periperal Arterial Disease</td>
<td>M. El Shahawy, MD</td>
</tr>
<tr>
<td>11:30 AM</td>
<td>Panel Discussion: Moderators: Drs. M. El Shahawy, A. DeMaria, J. D. Pinto</td>
<td>All Faculty</td>
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<tr>
<td>12:30 PM</td>
<td>Optional Lunch Symposia, TBA</td>
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