

21/21/21 Annual Sarasota Cardiology Congress

**21st Annual National Sarasota Congress for
Cardiovascular Disease Prevention and Optimal
Treatment Update 2021: Early Detect to Protect**

May 28-30, 2021

Location: Hyatt Regency, Sarasota, Florida

CME Accredited Program by Florida Medical Association

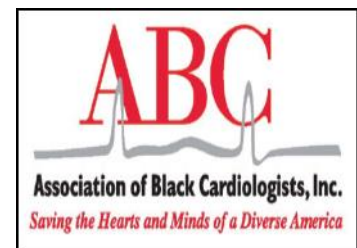
Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVDP], The Cardiovascular Center of Sarasota Foundation for Research and Education, The Sarasota Cardiovascular Health Assessment Center and The Florida Medical Association (FMA)

In cooperation with

**University of Minnesota, Center for Cardiovascular Disease Prevention,
Sarasota Memorial Healthcare System, Sarasota Memorial Healthcare Foundation,
Association of Black Cardiologists [ABC]
The American College of Cardiology Florida Chapter**



**Florida
CHAPTER**



Program Outline

Friday, May 28th , 2021 Afternoon Session

- 1:00-6:00 PM Pre-Congress Optional Symposia on Current 2021 Guidelines Directed Treatments for Major Cardiovascular Risk Factors including **COVID-19** Hypertension, Dyslipidemia, Pulmonary Hypertension, NOAC, Amyloidosis and Management Strategy for Diabetics for Primary and Secondary Prevention of Cardiovascular Disease,.
(This is not part of the regular CME Program)
- 6:00-7:00 PM Reception with Faculty and Exhibitors for Congress Registrants by invitation. RSVP Required.
-

Saturday, May 29th , 2021 Morning Session

- 6:30 AM Optional Breakfast Symposia, TBA
7:30 AM REGISTRATION

- 8:00 AM WELCOME M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
David Verinder: President and CEO SMH Healthcare System
Gregory Carter: Past Chairman Sarasota County Public Hospital Board
Professors: J. Cohn, A. DeMaria, and N. Wenger: Co-Directors

SESSION I:

ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE PREVENTION AND TREATMENT **WITH FOCUS ON COVID-19**

Chairpersons: Drs. J. Cohn, M. El Shahawy, A. DeMaria, and C. Pepine

- 8:15 AM STATE OF THE ART LECTURE: The (**Post-COVID**) Future of CVD Prevention
.....L. Sperling, MD
- 8:40 AM **COVID-19**: Why Are Women Protected?C. Pepine, MD
- 9:00 AM Burden of Cardiovascular Disease in the **Pandemic**F. Pinto, MD
- 9:20 AM Top Ten Take-Home Messages: 2019 ACC/AHA Guideline for Primary Prevention of Cardiovascular Disease.....N. Wenger, MD
- 9:40 AM Excess Epicardial Fat Volume is a Novel Cardiovascular Risk Marker Associated with Structural and Functional Abnormalities- Novel Data from Our Cardiovascular Center in Sarasota, Florida.....M. El Shahawy, MD
- 10:00 AM Secondary Prevention in Complex Cardiovascular Patients.....M. Valentine, MD
- 10:20 AM Coffee Break

Tools for Cardiovascular Risk Assessment

- 10:30 AM Novel Approach for Cardiovascular Risk Assessment.....J.Cohn, MD
- 10:50 AM Echocardiography: New Information for Valvular Heart Disease Management
.....A. DeMaria, MD
- 11:10 AM Cardiac CT: Coronary Artery Calcium for Risk Assessment- What About Young Adults
<40 and Older Adults >75 – Is There a Role?E. Micos, MD
- 11:30 AM Patient Centered Imaging: The Role of Nuclear CardiologyD. Wolinsky, MD
- 11:50 AM Digital Health.....A. Curtis, MD
- 12:10 PM Panel Discussion: Moderators..... Drs. M. El Shahawy, A. DeMaria, F. Pinto
Panelists.....All Faculty
- 12:30 PM Optional Lunch Symposia, TBA

Saturday, May 29th, 2021 Afternoon Session

SESSION II:

ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE PREVENTION

Update on the Treatment of The Major A, B, C, D, E Topics for Cardiovascular Diseases

Chairpersons: Drs. M. El Shahawy, A. DeMaria, T. Kelly and N. Wenger

- 1:40 PM (A) Diabetic Heart Disease: Update on Novel DrugsK. Ferdinand, MD
- 2:00 PM (A) Diagnosis and Management of Diabetic Heart DiseaseM. Budoff, MD
- 2:20 PM (A) Novel Approach for Primary and Secondary Prevention of Cardiovascular Disease in
Diabetics.....M. El Shahawy, MD
- 2:40 PM (B) Update on Resistant HypertensionM. Pohl, MD
- 3:00 PM (C) Update on Current Management of DyslipidemiaS. Kopecky, MD
- 3:20 PM (D) Obesity With and Without Comorbidities is a Disease: Novel Data From Our Center in
Sarasota, Florida.....M. El Shahawy, MD
- 3:40 PM (E) Moving Your Way to a Healthier Heart: Physical Activity, Exercise, and Reduction of
Sitting Time for the Prevention of Cardiovascular Disease.....E. Micos, MD
- 4:00 PM Coffee Break
- 4:20 PM Cardio Metabolic Syndrome: Update 2021E. Ofili, MD
- 4:40 PM Microbiota in Hypertension PatientsC. Pepine, MD
- 5:00 PM Advances on Cardiothoracic Surgery: Update 2021.....J. Sell, MD

- 5:20 PM Panel Discussion: Moderators.....Drs. T. Kelly, A. DeMaria and N. Wenger
 Panelists.....All Faculty
- 6:30 PM Optional Dinner Symposia, TBA

Sunday, May 30th, 2021

6:00 – 7:00 AM Optional Breakfast Symposia, TBA

7:15 AM REGISTRATION

7:45 AM WELCOME M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
 Mason Ayres: CEO and President Sarasota Memorial Healthcare Foundation
 Thomas Kelly, MD: Board Trustee Sarasota Memorial Healthcare Foundation

**SESSION III:
 ADVANCES IN THE PAST 12 MONTHS IN CARDIOVASCULAR DISEASE PREVENTION AND
 TREATMENT**

Chairpersons: Drs. M. El Shahawy, G. Nasr, M. Yacoub and N. Wenger

- 8:00 AM STATE OF THE ART LECTURE: Disparities in Influenza Vaccination: Opportunity To
 Extend CVD Prevention to Millions of HeartsL. Sperling, MD
Atrial Fibrillation, Stroke Prevention and Heart Failure
- 8:20 AM Atrial Fibrillation Guidelines in Europe.....F. Pinto, MD
- 8:40 AM Stroke Prevention.....F. Sogade, MD
- 9:00 AM Diastolic Heart Failure: Dilemma in Diagnosis and Management.....A. DeMaria, MD
- 9:20 AM Use of Implantable Devices for Patients with Heart Failure.....A. Curtis, MD
- 9:40 AM Treatment of Heart Failure: From Straight-line to Complex NetworkM. Yacoub, MD
- 10:00AM ACC/AHA Guidelines for Pharmacologic Management of Heart Failure with Reduced
 Ejection Fraction.....D. Perloff, MD
- 10:20 AM Coffee Break

WOMAN’S HEART DISEASE “HONORING PROFESSOR NANETTE WENGER”

**WELCOME: M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
 Lorrie Welker Liang: President Sarasota Memorial Hospital**

- 10:30 AM Preeclampsia and Cardiovascular Risk for Women.....N. Wenger, MD
- 10:50 AM Sex-Specific factors that Increase a Women’s Cardiovascular Risk Throughout the Lifespan
E. Micos, MD
- 11:10 AM Patient Engagement in Prevention.....G. Nasr, MD
- 11:30 AM Cardiovascular Complications with Pregnancy.....B. Sogade, MD
- 11:50 AM Panel Discussion: Moderators.....Drs. T. Kelly, M El Shahawy, G. Nasr
 Panelists.....All Faculty

12:30 PM Concluding Remarks and Adjourn