

CardioSarasota, Florida 24/24/24

24th Annual National CardioSarasota, Florida Congress for Cardiovascular Disease Prevention and Optimal Treatment Update

Hosted by 24 most renowned National and International Professors of Cardiology in February 2024

Date: February 2-3, 2024 (Friday and Saturday)

Location: Hyatt Regency, Sarasota, Florida

CME Approved Program by Florida Medical Association

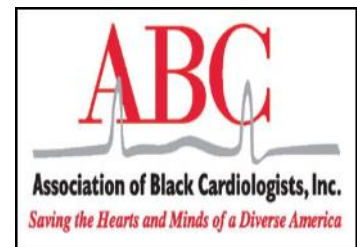
Jointly Provided by: The International Society for Cardiovascular Disease Prevention [ISCVDP], The Cardiovascular Center of Sarasota Foundation for Research and Education, The Sarasota Cardiovascular Health Assessment Center and The Florida Medical Association (FMA)

In cooperation with

The Founder and Past President of the University of Minnesota, Center for Cardiovascular Disease Prevention,

Sarasota Memorial Healthcare System, Sarasota Memorial Healthcare Foundation, And Members of the World Heart Federation

Member



Program Outline 2024

Friday, February 2, 2024, Special Optional Symposia By Invitation Only

The Optional Symposia in the session below are not part of the Florida Medical Association CME Accredited Program

11:00 AM **Registration for Optional Symposia by invitation only on Friday and Saturday and the regular CME Program. This CME and Special Symposia (Lunch, Dinner and Breakfast) will cover:**

Current Guideline Directed Treatments for Major Cardiovascular Disease Enhancing Risk Factors with Focus on Current Guidelines and Updates for A, B, C, D and much more.

These presentations will be presented by world renowned Professors of Cardiology with excellent expertise on current diagnosis and management on the topics addressed which include:

A.(A1c Diabetes) ***Diabetes* as a Major Cardiovascular and Renal Disease Risk Factor**

B.(Blood Pressure) ***Hypertension* is a Major Global Cardiovascular and Renal Disease Risk Factor: New Guidelines and Strategy for Optimal Treatment**

C.(Cholesterol) ***Dyslipidemia*: New Additions to the Toolbox for Optimal Control**

D.(Diet/Obesity) ***Obesity: With and Without Comorbidities* is a Disease: Current Diagnosis and Toolbox For Optimal Management With Emphasis on Cardio Obesity**

Other Symposia To Be Presented ***Atrial Fibrillation*: Current Diagnosis and Management**

***Heart Failure*: Novel Tools for Optimal Management for Heart Failure Such As: SGLT2i, GLP1 receptor agonist, Vericiguat and much more**

Pulmonary Hypertension

Novel Approach for Diagnosis and Management of Diabetic Kidney Disease and Cardiorenal Syndrome

12:00 PM- 1:00 PM **Optional Luncheon Symposiums:**
Update on Current and Possible Future Treatment for Dyslipidemia
.....Professor Elizabeth Ofili, Morehouse School of Medicine

CME Accredited Program

Session I Friday Afternoon, February 2, 2024

1:15 PM Registration for CME Program

1:20 PM WELCOME:

M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
Lorri Liang, FACHE: President Sarasota Memorial Hospital/Sarasota Campus
Gregory Carter: Past Chair Sarasota County Public Hospital Board
Professors J. Cohn and N. Wenger: Program Co-Directors

**ADVANCES IN THE PAST 12 MONTHS IN PRIMARY AND SECONDARY
CARDIOVASCULAR DISEASE PREVENTION AND OPTIMAL TREATMENT**

Chairpersons: Drs. J. Cohn, M. El Shahawy and N. Wenger

1:30 PM The Role of World Heart Federation (WHF) in Promoting Global Cardiovascular Health
.....F. Pinto, MD

1:50 PM Health Equity and Disparity in the U.S.....I. Fergus, MD

2:10 PM Cardiovascular Disease Prevention and Beyond.....B. Zariff, MD

2:30 PM Cardiovascular Disease Progression as a Target for Therapy.....J. Cohn, MD

2:50 PM Coffee Break

3:10 PM Diabetes as a Major Cardiovascular/Renal Risk Factor: What to Do in 24
.....M. El Shahawy, MD

3:30 PM Hypertension: Drug Treatment Strategies.....M. Pohl, MD

3:50 PM New Lipid Therapy to Reduce Atherosclerotic Cardiovascular Disease Risk
.....M. Budoff, MD

4:10 PM Time-Restricted Eating as Strategy for Cardiovascular Disease Prevention...L. Sperling, MD

4:30 PM Triglyceride Rich Lipoproteins and Remnant Cholesterol.....A. Reda, MD

4:50 PM Where Has All the Aspirin Gone? 2024.....N. Wenger, MD

5:10 PM Panel Discussion: Moderators.....Drs. E. Ofili, and N. Wenger
Panelists.....All Faculty

5:30 PM Adjourn

6:00 PM **Optional Dinner Symposium, pre-registration required, space is limited:**
TBA.....TBA

Session II Saturday Morning, February 3, 2024

- 6:00-6:45 AM Optional Breakfast Symposium: Hypertension is a Major Global Cardiovascular and Renal Disease Risk Factor: New Guidelines and Strategy for Optimal Treatment**
.....Speaker TBA
- 6:45-7:45 AM Optional Breakfast Symposium: Pulmonary Hypertension**.....Speaker TBA

MORNING CME SESSION

7:30 AM REGISTRATION

7:45 AM WELCOME: M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
David Verinder: President and CEO SMH Healthcare System

**ADVANCES IN THE PAST 12 MONTHS IN PRIMARY AND SECONDARY
CARDIOVASCULAR DISEASE PREVENTION AND OPTIMAL TREATMENT**

Chairpersons: Drs. M. El Shahawy, T. Kelly and N. Wenger

- 8:00 AM COVID-19 2024 Update: Where Do We Stand?.....F. Pinto, MD
- 8:20 AM 2023 ESC Guidelines for the Management of Acute Coronary Syndrome.....N. Wenger, MD
- 8:40 AM Management of Chronic Coronary Syndromes.....F. Pinto, MD
- 9:00 AM Can We Eliminate Heart Attacks?.....J. Nalura, MD
- 9:20 AM Obesity: Abdominal Visceral and/or EpiCardial Adiposity Even Without Symptomatic
Comorbidities is a Disease and a Major Cardiovascular Risk Factor.....M. El Shahawy, MD
- 9:40 AM Ventricular Arrhythmias and Sudden Death.....F. Sogade, MD
- 10:00 AM How to Prevent Atrial Fibrillation.....F. Kusumoto, MD
- 10:20 AM Coffee Break
- 10:40 AM Cardiac Imaging: So Many Choices, Limited Resources.....R. Gillespie, MD
- 11:00 AM Navigating the Guideline Recommendations for Stress Testing.....A. DeMaria, MD
- 11:20 AM Cardiac CT Imaging: Update 2024..... M. Budoff, MD
- 11:40 PM Update on Current Cardiac Surgery Program at Sarasota Memorial Hospital.....J. Sell, MD
- 12:00 PM Panel Discussion: Moderators.....Drs. T. Kelly, M. El Shahawy and V. Robinson
Panelists.....All Faculty
- 12:15 PM Optional Lunch Symposium, pre-registration required, space is limited:**
Dyslipidemia: New Additions to the Toolbox for Optimal Control.....Speaker TBA

Session III Saturday Afternoon, February 3, 2024

1:15 PM WELCOME:

**M. El Shahawy, MD, MS, FESC, FAHA, FASPC, FACC: Program Director
Thomas Kelly, MD: Board Trustee Sarasota Memorial Healthcare Foundation
Stacey Corley, Sarasota Memorial Healthcare Foundation President**

**ADVANCES IN THE PAST 12 MONTHS IN PRIMARY AND SECONDARY
CARDIOVASCULAR DISEASE PREVENTION AND OPTIMAL TREATMENT**

Chairpersons: Drs. M. El Shahawy, T. Kelly, F. Pinto and N. Wenger

- 1:30 PM Cardio Metabolic Syndrome Update 2024 with Emphasis on Microbiota.....E. Ofili MD**
- 1:45 PM Focus on Cardio-Renal Metabolic Health.....L. Sperling MD**
- 2:00 PM Excess Epicardial Fat Volume: Novel Cardiovascular Risk Factor.....M. El Shahawy, MD**
- 2:15 PM How to Prevent Heart Failure: From Hypertension to Heart Failure.....B. Pitt, MD**
- 2:30 PM Heart Failure Data in Middle East and Africa Regions.....B. Zariff, MD**
- 2:45 PM How to Prevent and Treat Heart Failure Update 2024.....M. Abdelhamid, MD**
- 3:00 PM Novel Approach for Heart Failure Treatment with Emphasis on Sleep Disorders
.....F. Zanned, MD**
- 3:15 PM Coffee Break**
- 3:30 PM Update on Current Anticoagulants.....M. Patel, MD**
- 3:45 PM Coronary Calcium Score Values and its Implication What You Need To Know
.....M. Budoff, MD**
- 4:00 PM Lifestyle Modifications Antismoking Campaign.....G. Nasr, MD**
- 4:15 PM Global Programs for the Treatment of Hypertension.....S. Smith, MD**
- 4:30 PM Women’s Heart Disease Prevention Strategy in 2024.....M. Gulati, MD**
- 4:45 PM Women, Heart Disease and Pregnancy.....B. Sogade, MD**
- 5:00 PM Cardiovascular disease in Women: Epidemiology, Awareness, Access, and Delivery of
Equitable Healthcare.....N. Wenger, MD**
- 5:30 PM Panel Discussion: Moderators.....Drs., M. El Shahawy, T. Kelly and L. Sperling
Panelists.....All Faculty**
- 6:00 PM Conclusions and Adjourn**
- 6:30 PM Optional Dinner Symposiums, pre-registration required, space is limited:
Obesity: With and Without Comorbidities is a Disease: Current Diagnosis and Toolbox
for Optimal Management.....Speaker TBA**